



Jordanstown School Summer Menu

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food**

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	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Salmon Fishcakes Garden Peas Homemade Potato Wedges with Sweet Chilli Dipping Sauce Crusty Bread Bottle of Water Kiwi and Strawberry Egg Sponge Square	Cottage Pie Sweetcorn and finely diced peppers Mashed Potatoes Wheaten Bread Pure Orange Watermelon Slice & Yoghurt	Roast Beef with Stuffing Baton Carrots ,Broccoli, Mashed and Oven Baked Roast Potatoes & Gravy Carton of milk, Fresh Fruit Topped Ice-cream Sundae	Chicken Curry with Boiled Rice, Naan Bread & Carrot Sticks Bottle of Water Chocolate Brownie with Orange Wedges	Chicken Bites , Beans , Side Salad , Chips Wholemeal Bread Bottle of water, Cheese and Crackers with Cut Grapes
Week Two	Pasta Bolognaise, Carrot Batons & Crusty Bread Bottle of Water Yoghurt & Trio of Fruits	Fish Fingers Baked Beans Mashed Potatoes Wholemeal Bread Carton of Milk Chocolate & Pear Sponge	Roast Turkey, Stuffing Sliced Green Beans,Diced Carrot & , Parsnips & Oven Baked Dry Roast Potatoes and Mashed Potatoes with Gravy Bottle of Water Summer Fruits & Yoghurt	Steak Burger in Bap, Salad, Coleslaw & Homemade Spiced Cubed Potatoes Pure Orange Juice Strawberry Shortcake Stack	Gourmet Homemade Pizza with Chicken,Peppers and Tomato Topping , Pineapple Salsa, Side Salad, Chips Bottle of Water Fresh Fruit Salad & Yoghurt
Week Three	Oven Baked Breaded Whiting, Baked Beans, Mashed Potatoes Crusty Bread Apple Juice Forest Fruits & Yoghurt	Lasagne,Sweetcorn, Side Salad with Garlic Bread Bottle of Water Strawberry and Yoghurt Swiss Roll	Roast Beef with Stuffing Cabbage,Carrots, Parsnip Mashed and Oven Baked Roast Potatoes & Gravy Bottle of Water Pear Conde	Chicken Curry, Boiled Rice & Carrot Sticks & Naan Bread Carton Of Milk Chocolate Cookie, & Chunk of Banana	Hot Dog, Saute Onions,served with Sweetcorn Salsa, Side Salad ,Chips Bottle of Water Fresh Pineapple Ring &Yoghurt
Week Four	Fish Fingers, Beans & Mashed Potatoes Crusty Bread Bottle of Water, Fresh Melon Wedge & Frozen Yoghurt	Chicken Curry with Boiled Rice, Carrots Sticks & Naan Bread Bottle of Water Fruit Filled Meringue Shell	Roast Pork & Stuffing, Diced Turnip,Broccoli Florets, Mashed Potatoes& Oven Baked Dry Roast Potatoes & Gravy Orange Juice, Chesse and Crackers with Cut Grapes	Buffet Chicken/Cheese/Tuna/Ham Selection of Sandwiches Pizza Fingers/Cocktail Sausages & Carrot Sticks Fruit Muffin/ Banana and Milkhsake	Hawaiian Salad Burger, Asian Slaw, Chips Bottle of Water Melody of fruit & Yoghurt

If a healthy alternative to chips is required on Fridays a baked potato will be provided if requested.

If you require any additional information on allergens or special diet please contact the school in the first instance



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