



Let's keep kids safe online

Christmas is coming and perhaps your children will be receiving gifts like new tablets, smartphones, laptops, iPad's or maybe they already have one and are 'online' quite a lot? To kids, *online life is real life*. There's no difference between the people they speak to on social media and their friends at school. And the experiences they have over the internet are as real to them as anything else.

Have you ever searched online for a word that was innocent to you; however the results you got back from your search were anything but innocent?? Sometimes children experience this too, but the good news is that you are able to help by setting parental controls in conjunction with informal regular talks about what your child gets up to online and how to stay safe.

Parental controls are great for younger kids when they start going online – they act like stabilizers for the internet – but it's also important to have frequent, informal conversations with your child about their digital lives.

Having regular conversations about who they are talking to and being open and positive about the online world can help, because, then you as parents can encourage children to come to you with ANY problems they may encounter!

To get help with parental controls call our helpline [0808 800 5002](tel:08088005002) or go to our website www.nspcc.org.uk/controls

You can visit an O2 expert in store to get support, or you can book an appointment. *You do not have to be an O2 customer or have bought your equipment from O2 and there will not be any pushy sales attempts made!*

NSPCC Schools Service will also be coming into Jordanstown School on 23rd JANUARY 2019 at 3.15pm to deliver an Online Safety Workshop for parents. We hope you can come along.

Helpline number: 0808 8005002